



POPCORN

This organic popcorn was grown this year at Ardenwood Historic Farm. It is fresh from the field and need a little more time to dry. It should be ready to pop and enjoy by Thanksgiving!

Popping Instructions:

Microwave:

Place a whole ear or ½ cup of popcorn kernels in a paper bag.

Use your oven's popcorn setting or cook on High for 2-2½ minutes.

Listen for the corn to stop popping and REMOVE IMMEDIATELY or the popcorn will burn.

Conventional Methods:

Place ½ cup of popcorn in a pan with 2 tablespoons of oil.

It also does well in air poppers.



Ardenwood Historic Farm

East Bay Regional Park District

<http://www.ebparks.org/parks/ardenwood>

