

An Oasis in Antioch

Year-round fishing, windsurfing, and boating are the special attractions at this Contra Costa County oasis. Contra Loma's 776 acres include an 80-acre reservoir open throughout the year for all of these activities and more. The lake's swim lagoon, staffed with lifeguards in the summer, has a sandy beach with changing rooms and a refreshment stand. Nearby are shady picnic areas on an expansive green lawn, accessible to the disabled.

The Contra Costa Water District, which owns the reservoir, requires that all windsurfers shower a minimum of two minutes prior to entering the reservoir, and wear at least a short wetsuit. Persons using float tubes must wear waders or other wetsuit material to eliminate body contact with the water in the reservoir.

People using sea kayaks that self bail must shower prior to entering the reservoir and wear at least a short wet suit. Other dry-type kayaks are permissible with the only restriction being no rollovers or other activities that cause body contact with the water.

Visitors may launch their own boats. Private boaters may use electric motors, but not gasoline engines. Maximum allowable boat length in 20 feet.

LOOKING BACK Native American peoples occupied the land around Contra Loma for thousands of years prior to European settlement. They hunted the wildlife and gathered native plants. Grizzly and brown bears, mountain lions, elk, antelope and wolves once roamed these hills.

SAVING PICNIC TABLES

Multiple first-come, first-served tables cannot be saved by a single person. One person required per table to save non-reservable picnic tables.

ALCOHOL IS NOT PERMITTED ANYWHERE IN THE PARK

FEEES

There is a fee for parking, dogs, swimming, boat inspection and launching, windsurfing, and fishing permits. s Call the park for information.

POLICE, FIRE, MEDICAL EMERGENCY9-1-1
EBRPD HEADQUARTERS 1-888-EBPARKS
PICNIC RESERVATIONS 1-888-EBPARKS,
 option 2, then 1
PARK OFFICE 1-888-EBPARKS, option 3, ext. 4518
WEB SITE www.ebparks.org
TDD(510) 633-0460

With the arrival of the Spanish and subsequent settlement came large herds of cattle, and the land has been used largely for grazing since that time.

Discovery of coal in the 1860s, just two miles south near what is now Black Diamond Mines Regional Preserve, brought settlements of miners and their families. It was a short and busy boom lasting only a few decades. Today Contra Loma and Black Diamond Mines Regional Preserve share a common park boundary and connecting hiking and riding trails.

While the grizzlies and wolves are long gone, Contra Loma and adjoining Black Diamond are now free range for wild creatures. Among the animals to be seen are coyotes, grey foxes, jack rabbits, ground squirrels, mule deer, raccoons and skunks.

The reservoir is the wintering ground for many migratory waterfowl, and mourning doves and quail claim the hills as a permanent home.

By agreement, the waters of Contra Loma's 80-acre lake are maintained by the Contra Costa Water District. The surrounding lands, owned by the U.S. Bureau of Reclamation, are managed by the East Bay Regional Park District.



To Reach Contra Loma:

To reach Contra Loma Regional Park from Highway 4 in Antioch, exit on Lone Tree Way and proceed to Golf Course Road. Turn right on Golf Course Road and right again on Frederickson Lane. Proceed to the park entrance.

If you would like this information in an alternative format, please contact the EBRPD Public Affairs Department at (510) 544-2200, fax (510) 635-3478, TDD (510) 633-0460, or info@ebparks.org.



East Bay Regional Park District

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Contra Loma Regional Park

East Bay Regional Park District

